## **All Marketing Resources**

## dotFIT Difference Posters (NEW to circulate/post or print any size)





Add your logo here

## Sales & Marketing assets for your supplements of the month

Click the links into your dotFIT Marketing Console embedded in the next 2-slides, then click JointFlexPlus for all related promotional materials including supporting video assets



## 1 Pagers

Print and display consumer friendly guide



## **QRG**

Learn product science, benefits & unique features on one page

## Infographics

Print or share on social to <u>educate</u>





### WHAT IS IT?

### WHO IS IT FOR?

- · Women between ages 18 and 50 who are moderately active
- Women who are











### Now Includes Choline

Nomen's MV" formula was designed with the specific needs of females mind by including 1,000 IUs of Vitamin D, and slightly higher levels of nesium, iron and folic acid. Also included are the a

**Store** 

Description &

Video

Watch & share with members

- take 1 tablet daily with a main meal. Consume w

dotFIT SuperOmega-3

hat makes this product unique

## + Digital Marketing Resources

Infographics Social Media Logo

One-Pager Flyers 4 Pillar Posters



# USE FOR ANY OR ALL THESE PURPOSES

- EXPERT PRODUCT SCRIPTS AND PRESENTATIONS (BEST PRACTICES)
- STAFF TRAINING MATERIALS
- CONSUMER HANDOUTS
- DIGITALLY SHARE ANYWHERE INCLUDING YOUR SOCIAL MEDIA



# LIVE, LOOK & MOVE BETTER LONGER

Keep new skin and joint building blocks flowing daily Perfect collagen, hyaluronic acid & chondroitin supplement to complement

Perfect collagen, hyaluronic and protect your skin and joints. Helps with

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Supports active athletes' joint recovery to help protect

against common injuries

A must for anyone trying to maintain or help restore their youthful skin appearance including reducing lines, wrinkles and improving skin hydration and circulation (beauty from within)

### Complete Health/Longevity, Including Joint and Skin (beauty from within), Dietary Support Program

Links will take you to a brief product description including video

### Daily:

- <u>dotFIT Multivitamin & Mineral</u> for your age and gender\_lf 50yrs or older use <u>Over50</u> unless noted below; if female under 50 use <u>Women's</u>; Males and very active females (competitive training protocols) under 50 use 2-<u>Active</u>, with both genders continuing use till 65yrs if still training competitively at which time every person will use Over50; children under 12yr use <u>Kids</u>; children 12-17yr use 1-Active).
  - Take as directed with meals
- SuperiorAntioxidant
- Take 2 daily anytime with a meal
- UltraProbiotic
  - o Take one daily with a meal

### Daily as needed:

- Favorite <u>dotFIT protein mix</u>
  - O Use as directed to make sure you get ~1gm of protein per pound of LBM (or weight if not overweight) daily from all sources including foods divided 3-5 times daily
    - If exercising, use as directed to get ~25-35gm/protein 30-40min before workout & repeat dose immediately post workout (see below)
  - Can be used as a supplement to a meal or by itself (or mixed with desired supporting contents) to shore up total daily protein needs
- SuperCalcium (read all food and shake labels)
  - Use if you do not meet the daily needs of calcium (~1000-1200 mgs) from food/shake intake
    - Females take 1 or 2 daily with meals; if you need to take 2, take one with AM meal and the 2<sup>nd</sup> with PM meal; Males take 1 only if necessary
- SuperOmega-3
  - Take 1-2 daily with meal if not consuming 8-16oz/wk fatty fish (take 1 if >8oz/wk but <16; 2 if ≤8oz); not necessary if consuming ≥16oz/wk unless for athletic recovery purposes
- <u>JointFlexPlus</u> (Biocell Collagen II)
  - O Joint & Skin health protection and Injury or age-related joint discomfort take 1-2 in AM & 1-2 in PM

### **Workout days**

- dotFIT Protein of choice\*. Use as directed to get:
  - o 25-35gm/protein 30-40min before workout & repeat same dose immediately following exercise

\*May substitute favorite dotFIT Nutrition High Protein Bar based on venue convenience

\*Advanced Brain Health (may divide evenly or all at once anytime with or without meals)

45-55yrs take 4; 56+ take 8

## Supplements to complement any diet, based on budget, to support joint and skin health

- Minimum: MVM and JointFlexPlus
- First add: SuperiorAntioxidant
- Next add: UltraProbiotic
- No financial limitations = complete health and longevity program

## **JOINT FLEX PLUS**







## **Supporting Document: JointFlexPlus**

## **Current Best Solution Including clinical trails**

Compound makeup, synergy & size allows passage to target tissues & positively influence physiology



### **BioCell Collagen®**

- Type II Collagen
  - Hydrolyzed
- Chondroitin Sulfate
- Hyaluronic Acid

Supports Joint Activity Recovery & Discomfort & Skin Protection/Health



